PI LUNCH

Thursday 25th of October 2018
12:00 – 13:00
Location: CSS
Lunch is included

Rudi Westendorp
Professor
Section of Epidemiology, Department of Public Health
Center for Healthy Aging, Theme II: Life Course Aging Processes

Rudi’s research focuses on the different aspects of aging. Next to looking at the societal impact of an aging population, Rudi tries to answer some fundamental biological questions; does it help to eat less, or to take hormones, vitamins, or minerals? And what can we learn from old people who remain full of vitality, despite illness and infirmity?

Rudi’s favourite season is autumn as it signifies change. According to Rudi, being a junior scientist is the best part of your career, because you’re allowed to think, do and say almost everything you want. As an established PI, Rudi welcomes the return of the feeling he had as a junior scientist; thinking up new projects, trying new things, and if necessary... change things up!

“PI Lunches” provides an opportunity for young researchers to meet with Center for Healthy Aging (CEHA) affiliated PIs to discuss career development, personal development and to facilitate networking in an informal setting. PI Lunches are arranged by Network for Young Scholars (NYS) and are for all students, PhDs and post docs at CEHA. Sign up here – required before 23rd of October – or via CEHA website and our Facebook group “Network for Young Scholars (NYS)”. 