Providing an opportunity for young researchers to meet with Center for Healthy Aging affiliated PIs to discuss career development, personal development and to stimulate networking in an informal setting.

**What is our aim?** Through PI Lunches, Network for Young Scholars (NYS) aims to give students the opportunity to talk with the different PIs within our center regarding career development in the academic setting, and give them a view into "the life of a PI".

**Setting:** The idea of the lunch is that the PI gives an insight into the career path and choices the PI has made in his or her academic career. Through such conversations, we hope to help students in deciding if they would enjoy a future career in academia and provide them with expert advice from our own PI on how to establish yourself as an independent scientist.

Due to the interdisciplinary profile of Center for Healthy Aging, we will be able to provide an exciting mix of PIs with different scientific backgrounds, research focus and seniority. This will not only be of benefit to expose students to the variety of research done at the center, but also allow us to invite PIs that are at different points in their career.

**When and where:** We plan to host one PI Lunch every two months, and invite one PI per lunch. As the research groups at Center for Healthy Aging have different research fociuses and are not all located in one place, the location will change every time.

**Attendance:** Young researcher including students, research assistants, PhDs and post docs are all encouraged to attend these lunches. As NYS will provide lunch, you are required to sign up a few days in advance.

The next PI Lunch is with Associate Professor Maria Kristiansen and takes place on Thursday 14 of March 2019 from 12:00 - 13:00 at the Mærsk Tower. Sign up before 12 March via our Facebook group Network for Young Scholars (NYS) or at https://healthyaging.ku.dk/registrations/2019/pi-lunch-march-2019/.